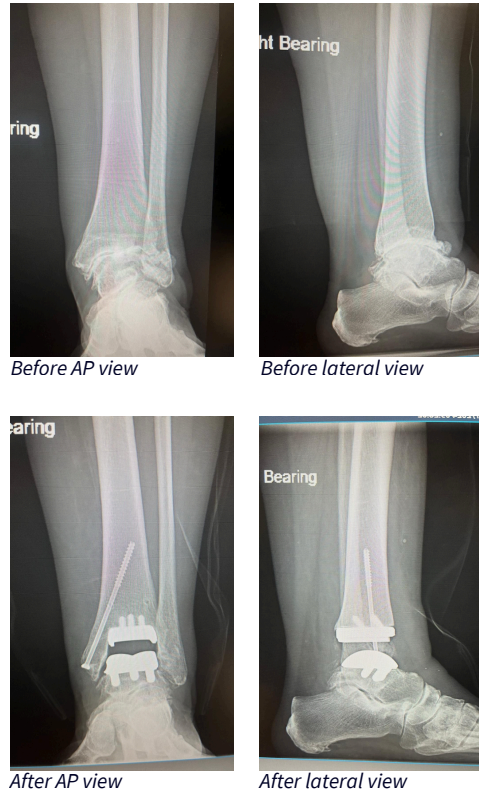


Total Ankle Replacement With the Stryker® Infinity® System

What Is a Total Ankle Replacement?

In ankle replacement surgery, the damaged surfaces of the ankle joint are removed and replaced with a prosthesis (implant) made of metal and plastic. This is designed to reduce pain while preserving ankle motion, unlike ankle fusion which eliminates joint movement.



Why the Infinity® System?

- ✓ Used in over 48,000 patients worldwide with excellent outcomes.
- ✓ 98.8% implant survivorship at 2 years in the largest prospective study to date.
- ✓ Low-profile design for better fit and imaging.
- ✓ 3D-printed Adaptis® technology promotes bone in-growth as early as 4 weeks.
- ✓ Durable Everlast® insert provides long-lasting wear resistance.



Infinity® Total Ankle System – Source: Stryker®

Benefits for Patients

- ✓ Preserves ankle motion for a more natural walking pattern.
- ✓ Reduces pain and stiffness.
- ✓ Improves daily function and quality of life.

Recovery Timeline

- Weeks 0-2**
Immobilization in a splint/cast. No motion or weight-bearing until incision healing.
- Weeks 2-4**
Begin gentle passive and active range of motion exercises. Still non-weight-bearing.
- Weeks 4-8/10**
Transition to weight-bearing in a CAM boot. Formal physical therapy begins.
- Weeks 8-10+**
Progression to normal shoe gear with a lace-up ankle brace as stability improves.
- Months 3-12**
Gradual return to activity, strengthening, and mobility.
- Full recovery typically takes up to 1 year.**

Questions

If you have questions about ankle replacement or whether it's right for you, please ask. Our goal is for you to feel informed, comfortable, and confident about your treatment.